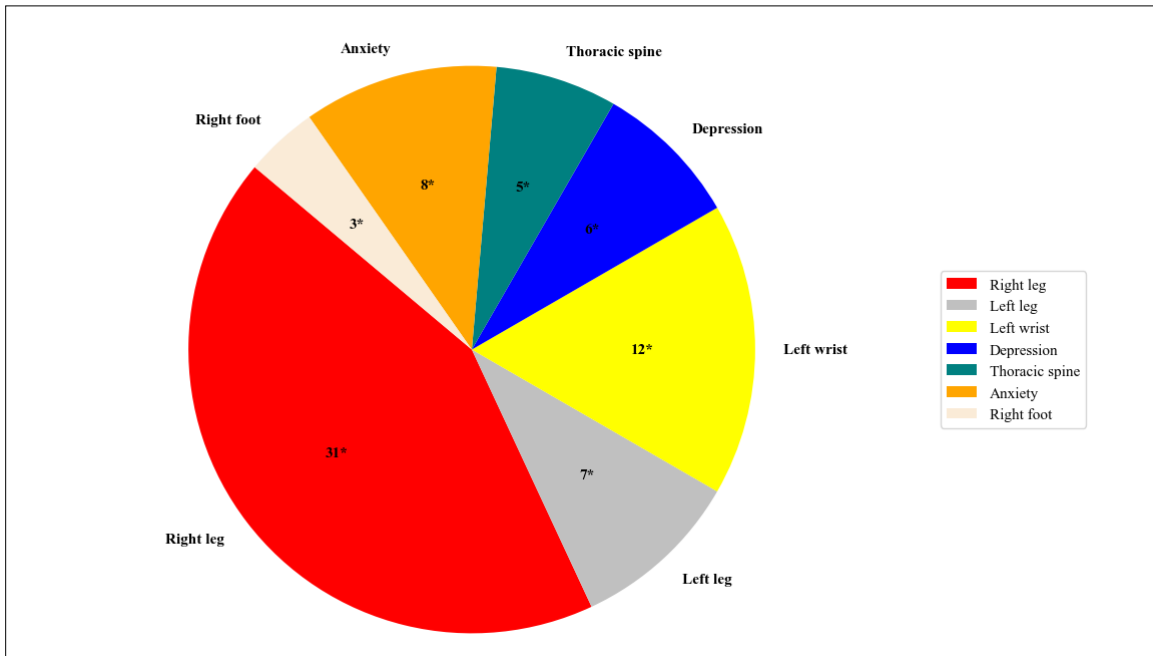


**Case Capsule**

**Case Overview**

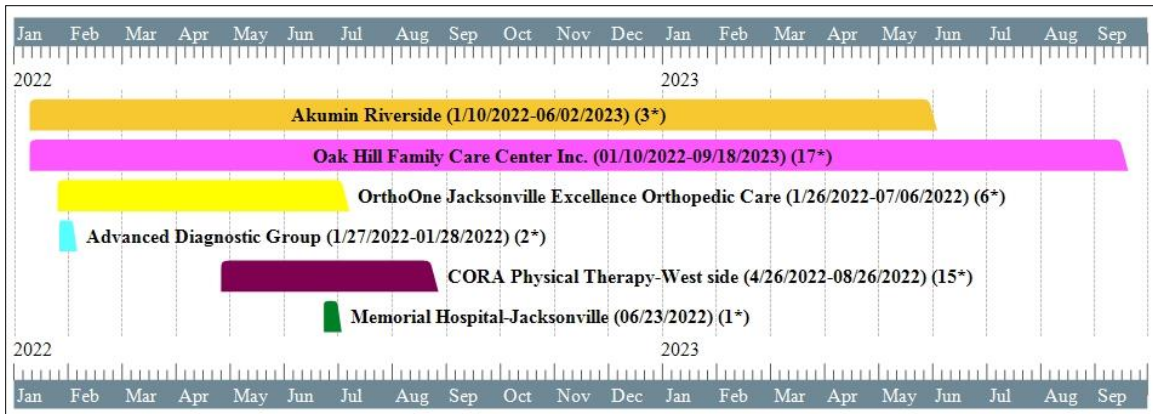
On 01/10/2022, Ms. McCrary slipped and fell in Publix while pushing a shopping cart and sustained injuries to her left wrist, right knee, and right foot. On 01/26/2022, she was evaluated by Fady El-Bahri, M.D., where she was diagnosed with right knee internal derangement, left wrist internal derangement and right ankle internal derangement. She was treated conservatively by physical therapy for right knee pain. On 06/27/2022, she underwent right ankle arthroscopy, abrasion chondroplasty of the ankle, removal of loose body, extensive excision of scar tissue and extensive synovectomy. On 07/04/2022, she went to ER of HCA Florida Orange Park Hospital for right foot pain where she was diagnosed with postoperative wound check and discharged to home with referral to Orthopedic surgeon. As on 08/26/2022, she was undergoing physical therapy for right ankle pain.

**Treated Body Parts/Medical Conditions Chart**



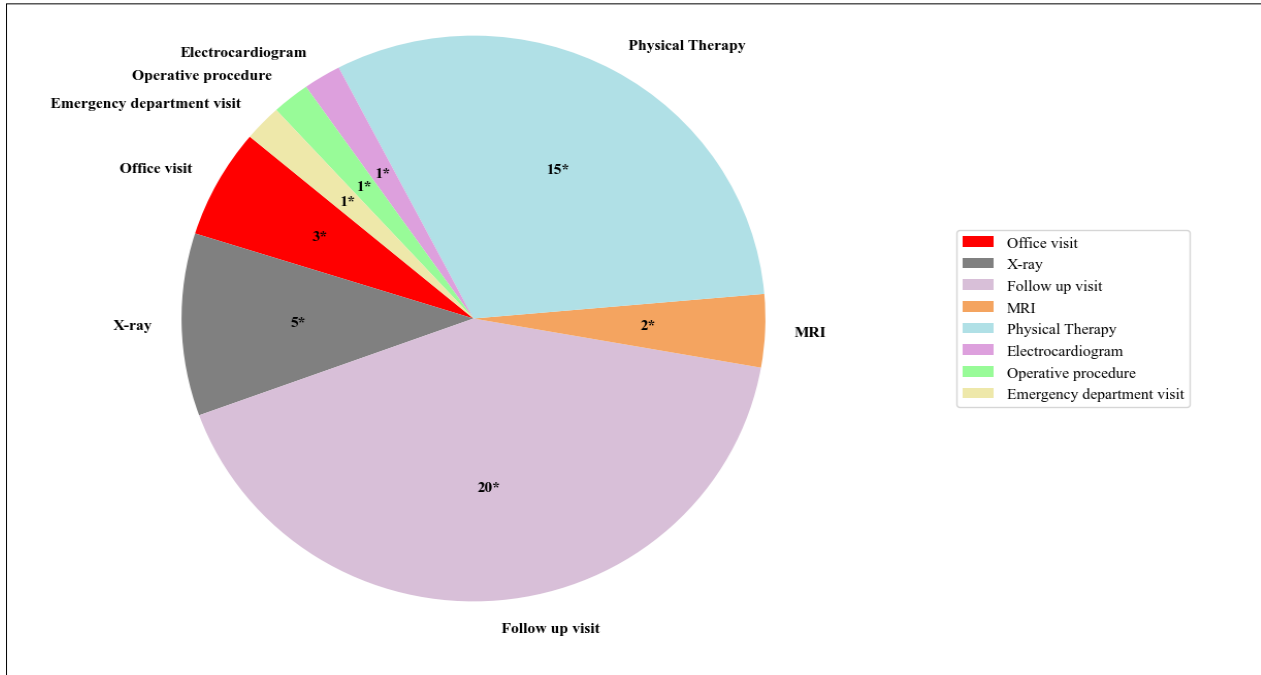
\*No of times each parts/medical conditions treated

**Treating Providers Timeline**



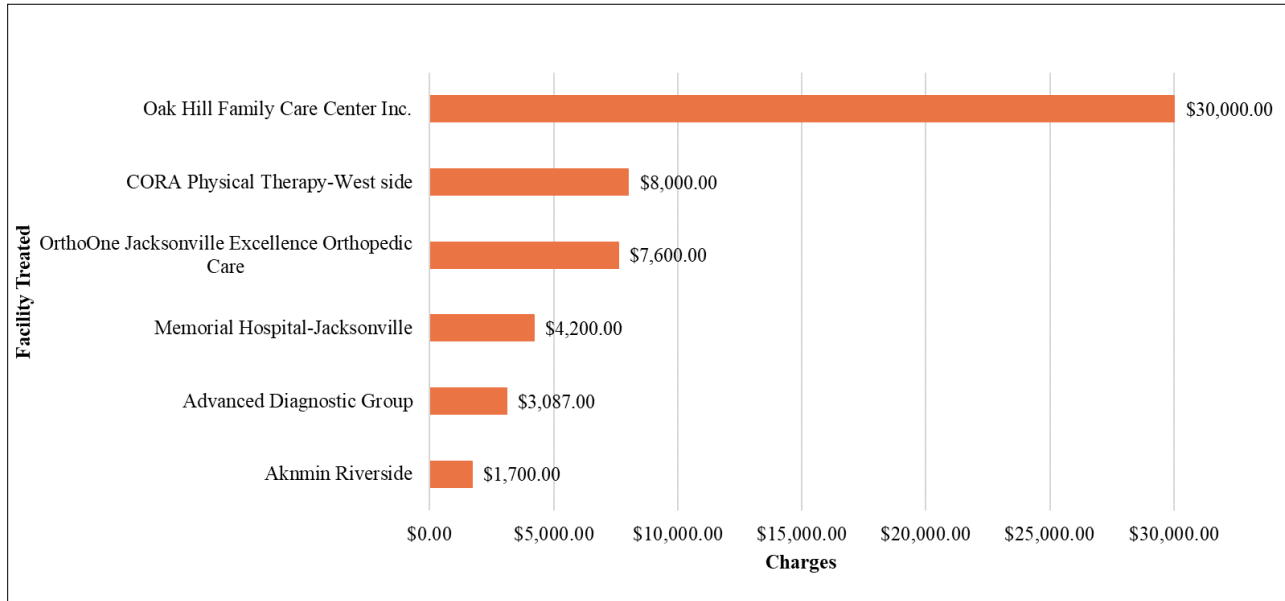
\*No. of times treated

**Medical Visit Chart**



*\*No of Occurrences*

**Key Medical Expenses\***



*\*If Medical Expense Summary Service requested*

Injury Report

PARAMETER	DETAILS	PDF REF
Date of injury	01/10/2022	73
Related Injuries and Medical Condition Before incident	<b>Past medical history:</b> Idiopathic scoliosis  <b>Past surgical history:</b> <i>Unavailable</i>	73
Damages Developed/Sustained as a result of incident (diagnoses alone)	<ul style="list-style-type: none"> <li>• Internal derangement, knee, right</li> <li>• Internal Derangement, right ankle</li> <li>• Internal derangement left wrist</li> <li>• Contusion, knee, right</li> <li>• Contusion of right knee</li> <li>• Contusion, wrist, left</li> <li>• Contusion, ankle, right</li> <li>• Wrist tendinitis, left</li> <li>• Ankle synovitis, right</li> <li>• Ankle tendon tear</li> <li>• Pain in right ankle and joints of right foot</li> <li>• Pain of bilateral knee joints</li> <li>• Left knee pain</li> <li>• Pain in right ankle</li> <li>• Pain in left wrist</li> <li>• Pain in left leg</li> <li>• Right ankle sprain</li> <li>• Bruising from injury</li> <li>• Pedal edema</li> </ul>	74-75, 84-85, 81-82, 12, 24, 114, 117, 126
Surgeries or procedures underwent as a result of incident	<b>Procedures:</b> <i>Unavailable</i>  <b>Surgeries:</b> <b>06/27/2022:</b> <ul style="list-style-type: none"> <li>• Right ankle arthroscopy.</li> <li>• Abrasion chondroplasty of the ankle.</li> <li>• Removal of loose body.</li> <li>• Extensive excision of scar tissue</li> <li>• Extensive synovectomy.</li> </ul>	18-19
Postsurgical complications (infection, DVT, etc)	<i>Unavailable</i>	
Aggravation of pre-existing conditions (Physician or therapist's statement alone)	<i>Physician statement regarding aggravation of pre-existing conditions is unavailable for review</i>	
Did patient return to work (Date and work status as per the last few visits/therapies)	As of 08/19/2023: Unemployed.	171
Disability (Physician or therapist's statement alone)	<i>Physician statement regarding disability is unavailable for review</i>	

**Missing Medical Records**

<b>What Records are Needed</b>	<b>Hospital/ Medical Provider</b>	<b>Date/Time Period</b>	<b>Is Record Missing Confirmatory or Probable?</b>	<b>Hint/Clue that records are missing</b>	<b>Reference</b>
X-ray of left wrist	Unknown	11/05/2021	confirmatory	Compared with the X-ray of left wrist dated 01/10/2022	105
X-ray of right knee	Unknown	09/09/2021	confirmatory	Compared with the X-ray of right knee dated 01/10/2022	106
Physical therapy evaluation	CORA Physical Therapy-Westside	02/08/2022	Confirmatory	Reviewed the physical therapy discharge summary	22-23
Physical therapy visits	CORA Physical Therapy-Westside	After 02/08/2022 and before 04/01/2022	Confirmatory	Reviewed the physical therapy discharge summary	22-23
Physical therapy re-evaluation	CORA Physical Therapy-Westside	04/01/2022 04/22/2022	Confirmatory	Reviewed the physical therapy discharge summary	22-23

**Patient History**

**Past medical history:** Elevated high blood pressure, Idiopathic scoliosis, depression, arthritis (PDF REF 73, 113)

**Past surgical history:** Appendectomy, gall bladder removal 2018 (PDF REF 16, 60)

**Prior occupational history:** *Unavailable*

**Current occupational status:** As on 02/07/2022 - Self-employed – Instacart Shopper – full time/modified; As of 09/18/2023: Unemployed (PDF REF 60, 171)

**Family History:** Hypertension, osteoporosis, scoliosis; Family history of breast cancer, colon cancer, ovarian cancer, osteoporosis (PDF REF 16, 181)

**Social History:** She is a never smoker and does not drink alcohol. (PDF REF 16)

**Drug Allergy:** *Unavailable*

**Other Allergy:** Latex – weal, rash and Adhesive tape – weal – rash (PDF REF 16)

Detailed Chronology

Date	Provider	Occurrence/Treatment	PDF REF
<i>Slip and fall – 01/10/2022</i>			
01/10/2022	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Office visit for right knee, right ankle, left shin and left wrist complaints:</b></p> <p><b>Subjective:</b> Patient reports slipped and fall while shopping at Publix 103<sup>rd</sup> today. Patient states she stepped on a banana peel and slide while still holding into her pushcart her legs split and forward she fell. She hurt her right knee, right ankle, left shin, and left wrist. No bruises and abrasions noted.</p> <p><b>Review of systems:</b>  <b>Neck:</b> Neck pain.  <b>Musculoskeletal:</b> Right knee pain, right ankle pain, left shin, left wrist pain from falling, chronic low back and upper back pain.  <b>Psychiatric:</b> Positive for anxiety and depressive symptoms.</p> <p><b>Objective:</b>  <b>Back:</b> Scoliosis, upper and lower back tenderness.  <b>Extremities:</b> Right knee and right ankle tenderness, left wrist tenderness, left shin tender to touch.  <b>Neuro:</b> Thoracic scoliosis.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Pain of bilateral knee joints</li> <li>• Left knee pain</li> <li>• Pain in right ankle</li> <li>• Pain in left wrist</li> <li>• Fall from other slipping, tripping, or stumbling</li> <li>• Pain in left leg</li> </ul> <p><b>Plan:</b>  X-ray of right ankle, right knee and left wrist.  Flexeril 10 mg.  May apply cold compress to affected sites.</p> <p><b>Prescription:</b>  Cyclobenzaprine 10 mg</p> <p><i>Related records: Patient's information.</i></p>	112-114, 186
01/10/2022	Akumin Riverside  Shahir Aiad, M.D.	<p><b>X-ray of left wrist:</b></p> <p><b>Ordering physician –</b> Liza Byatt, APRN.</p> <p><b>Indication:</b> Left wrist pain since a fall today in Publix on 01/10/2022. No surgery. No trauma. Multiple studies same day.</p> <p><b>Prior Studies:</b> Radiograph of left wrist 11/05/2021.</p>	105

Date	Provider	Occurrence/Treatment	PDF REF
		<p><i>*Reviewer's comment: X-ray of right knee dated 11/05/2021 is unavailable for review</i></p> <p><b>Impression:</b> Unremarkable exam</p>	
01/10/2022	Akumin Riverside  Shahir Aiad, M.D.	<p><b>X-ray of right knee:</b> <b>Clinical data:</b> Right knee pain since a fall today. No surgery. Multiple studies same day.</p> <p><b>Prior Studies:</b> Radiograph of right knee 9/9/2021.</p> <p><i>*Reviewer's comment: X-ray of right knee dated 09/09/2021 is unavailable for review</i></p> <p><b>Impression:</b> Unremarkable exam</p>	106
01/10/2022	Akumin Riverside  Shahir Aiad, M.D.	<p><b>X-ray of right ankle:</b> <b>Clinical Data:</b> Right ankle pain since a fall today in Publix on 01/10/2022. No surgery. No trauma. Multiple studies same day.</p> <p><b>Impression:</b> No fracture seen</p>	107
01/14/2022	Oak Hill Family Care Center Inc.  Liza Byatt, APRN	<p><b>Follow up visit for X-ray results:</b> <b>Review of systems:</b> Patient reports a fall. <b>Musculoskeletal:</b> Patient reports a fall that affected the patient's right ankle, right knee, left shin, and left wrist.</p> <p><b>Objective:</b> <b>Extremities:</b> Patient reports tenderness with palpation in the ankle and muscles surrounding the right ankle, right knee and left wrist. The left shin has a large bruise.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Ankle sprain</li> <li>• Bruising from injury</li> <li>• Exercise counseling</li> <li>• Dietary counseling</li> <li>• Painful</li> </ul> <p><b>Plan:</b> Patient had a fall on Monday at Publix, the X-rays were unremarkable, but there is considerable bruising and tenderness with palpation. Patient likely has a soft tissue injury.</p> <p>Follow up in one month or as needed.</p> <p><b>Prescription:</b> Cyclobenzaprine 10 mg. Ibuprofen 800 mg.</p>	115-117
01/19/2022	Oak Hill Family Care Center Inc.	<p><b>Follow up visit for right knee pain:</b> <b>Subjective:</b> Patient here today for follow up status post slip and fall at Publix 103<sup>rd</sup> on 01/10/2022. Today she reports worsening pain of her right knee, tender and feels swollen on palpation affecting her mobility.</p>	118-120

Date	Provider	Occurrence/Treatment	PDF REF
	Liza Byatt, APRN.	<p>She states pain is worse during stretching and bending especially when she is driving. She takes NSAIDs as needed but only giving her mild relief. Her right knee X-ray done on 01/10/2022 was unremarkable.</p> <p><b>Review of systems:</b>  <b>Neck:</b> Neck pain.  <b>Musculoskeletal:</b> Right knee pain, right ankle pain, left shin pain and left wrist pain, lower back pain, scoliosis.  <b>Psychological:</b> Positive for depression and trouble sleeping.</p> <p><b>Objective:</b>  <b>Back:</b> Lower back tenderness.  <b>Extremities:</b> Right knee decreased range of motion,</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Falling injury</li> <li>• Pain of bilateral knee joints</li> <li>• Pain in right ankle</li> <li>• Pain in left wrist</li> </ul> <p><b>Plan:</b>  Refer to Orthopedic regarding right knee pain and swelling for 9 days related to slip and fall.</p> <p><b>Prescription:</b>  Methocarbamol 750 mg.</p>	
01/26/2022	OrthoOne Jacksonville Excellence Orthopedic Care  Fady El-Bahri, M.D.,  Jennifer Scott (Credential unavailable)	<p><b>Office visit for bilateral knee and left wrist pain:</b>  Patient presents with bilateral knee pain following a fall on 1/10/2022. She states that she has a history of a bilateral knee injury when she fell six year ago landing on her knees. She states that her right knee was immobilized for 3-6 weeks and her symptoms resolved over time. On 1/10/22 she slipped and fell in Publix while pushing a shopping cart. She states that she landed on her right knee and hit her left shin on the frame of the cart. She complains of right knee pain with any applied pressure, pain with squatting, painful popping and clicking, swelling, and feeling like there is fluid in her knee. She states that she has been putting more weight on her left knee to compensate for her right knee pain.</p> <p>Is new to our office and presents with left wrist pain following a slip and fall on 1/10/22. She states that when she slipped in Publix she was holding onto a shopping cart and her left wrist was hyperextended. She complains of swelling, pain with weight bearing, and weakness of her grip. She had X-rays performed and she has no fractures. To help manage her symptoms she purchased a left wrist brace.</p> <p><b>Secondary Complaints include:</b> Complains of right ankle pain. She complains of pain with weight bearing, swelling, and pain when driving.</p> <p><b>Physical examination:</b>  <b>Wrist:</b></p>	73-76, 91

Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Left wrist range of motion:</b> Grossly intact and with pain.</p> <p><b>Inspection:</b>  <b>Left wrist:</b> Tenderness to palpation first dorsal compartment, swelling, tenderness to palpation over distal ulna and tenderness to palpation over TFCC and tenderness to palpation over flexor carpi ulnaris. Positive tenderness to palpation over extensor carpi ulnaris.</p> <p><b>Knee:</b>  <b>Right knee range of motion:</b> With pain.  <b>Inspection:</b>  <b>Right Knee:</b> Lateral joint line tenderness, medial joint line tenderness, patellar tendon tenderness, and swelling positive tenderness to palpation over the quadriceps tendon.</p> <p><b>Special test:</b>  <b>Right Knee:</b> McMurray Test: Positive medial and McMurray Test: positive lateral</p> <p><b>Right Ankle ROM:</b> Grossly intact and with pain</p> <p><b>Inspection:</b>  <b>Right Ankle:</b> Swelling positive tenderness to palpation over the anterolateral aspect</p> <p><b>Additional exam findings:</b> Antalgic gait medial joint tenderness lateral joint tenderness patellar tendon, tenderness pain with supination pain with wrist flexion pain with pronation wrist tenderness to palpation pain with wrist extension antalgic gait ankle tenderness.</p> <p><b>Impression and plan:</b>  <b>Internal derangement, knee, right</b>  Unspecified interna) derangement of right knee distributed on the right knee joint. Pain intensity 7/10 pain.  <b>Plan</b> – RICE. Rest the affected area for 24-48 hours.  RICE – ice, apply ice to the affected area for 20 minutes. Place a towel or cloth between the skin and ice. If continued icing is needed remove ice for 20 minutes then reapply.  RICE- compression: Keep compression wrap in place for 24-48 hours. If the compressive dressing feels too tight, then loosen as needed.</p> <p><b>Plan</b> – Order MRI – knee. Right MRI without contrast to rule out a tear.  <b>Plan:</b> PT prescription- Meniscus for right knee internal derangement.  Right Knee: Weight bearing as tolerated. Recommend frequency of 3 times per week for 4 weeks.  <b>Therapeutic Exercises:</b> All exercises prn per therapist, Gait/balance training, Home program exercises, and Strengthening exercises.  <b>Manual Therapy:</b> All manual exercises prn per therapist.  <b>Modalities:</b> All modalities prn per therapist.</p>	



Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Internal derangement left wrist:</b> Continue taking Ibuprofen and continue wearing a wrist brace. Order MRI – wrist. RICE.</p> <p><b>Internal Derangement, Right Ankle: RICE.</b>  <b>RICE: Rest:</b> Rest the affected area for 24-48 hours.  <b>RICE: Ice:</b> Apply ice to the affected area for 20 minutes. Place a towel or cloth between the skin and ice. If continued icing is needed remove ice for 20 minutes then reapply.  <b>RICE: Compression:</b> Keep compression wrap in place for 24-48 hours. If the compressive dressing feels too tight, then loosen as needed.  <b>RICE: Elevation:</b> Elevate the affected extremity above your heart.  Order – MRI of right ankle without contrast.</p> <p><b>Follow up in 3 weeks for:</b> Imaging results</p>	
01/27/2022	<p>Advanced Diagnostic Group</p> <p>High Field MRI and X-ray</p> <p>Scott Wiedenmann, M.D.,</p>	<p><b>MRI of right ankle without contrast:</b>  <b>History:</b> Slip and fall injury dated 01/10/2022. Pain. No previous studies available for comparison.</p> <p><b>Findings:</b></p> <ul style="list-style-type: none"> <li>• Soft tissue edema of the ankle and hindfoot.</li> <li>• Effusions of the ankle joint and subtalar joint.</li> <li>• Localized hematoma the soft tissues anterolateral to the ankle joint measuring 18 mm in height, 13 mm in AP diameter, and 7 mm in transverse diameter.</li> <li>• No widening of the ankle mortise. The talofibular ligaments are intact.</li> <li>• The peroneus, tibialis, Achilles, and plantar fascia tendons are intact.</li> <li>• No bone marrow edema or cortical defect.</li> </ul> <p><b>Impression:</b></p> <ul style="list-style-type: none"> <li>• Traumatic strain or contusion of the ankle presenting as joint effusions, soft tissue edema, and the hematoma anterolateral to the ankle joint.</li> <li>• Given the patient's history and findings, it is medically probable that these imaging findings are related to the injuries dated 01/10/2022.</li> </ul>	109-110
01/28/2022	<p>Advanced Diagnostic Group</p> <p>High Field MRI and X-ray</p> <p>Scott Wiedenmann, M.D.,</p>	<p><b>MRI of left wrist without contrast:</b>  <b>History:</b> Slip and fall injury dated 01/10/2022. Pain. No previous studies available for comparison.</p> <p><b>Findings:</b></p> <ul style="list-style-type: none"> <li>• Effusions of the radiocarpal joint, radial ulnar joint, intercarpal joints, and carpometacarpal joints.</li> <li>• No bone marrow edema, therefore, no evidence of occult fracture, bone bruise, stress reaction, or osteonecrosis.</li> <li>• The intercarpal ligaments are intact. The triangular fibrocartilage is intact. The flexor tendons and extensor tendons are intact.</li> </ul> <p><b>Impression:</b></p>	108

Date	Provider	Occurrence/Treatment	PDF REF
		Traumatic strain or contusion of the wrist presenting as joint effusions. Given the patient's history and findings, it is medically probable that this imaging finding is related to the injuries dated 01/10/2022.	
02/05/2022	Oak Hill Family Care  <i>Self-attested</i>	<b>Work status report:</b> <b>Disability:</b> <b>When were your first unable to work:</b> 01/11/2022. <b>If not working, give reason:</b> Have not returned, going through physical therapy. <b>When do you expect to return to work:</b> 02/28/2022.	184
02/08/2022	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<b>Follow up visit for left wrist, right knee, and right ankle pain:</b> <b>Subjective:</b> Patient is here today to discuss MRI results of left wrist, right knee and right ankle. Patient had MRI done ordered by Bahri's Orthopedic but results are not available yet for review. Patient continues to have worsening left wrist pain, right knee and right ankle pain that even worse when she is driving. Patient reports slipped and fall while shopping at Publix 103rd on 01/10/2022. Patient states she stepped on a banana peel and slide while still holding into her pushcart her legs split and forward she fell. She hurt her right knee, right ankle, left shin and left wrist.  X-ray was unremarkable.  <b>Review of systems:</b> <b>Neck:</b> Neck pain. <b>Musculoskeletal:</b> Right knee pain, right ankle pain, left shin, left wrist pain from falling, chronic low back and upper back pain. <b>Psychiatric:</b> Positive for anxiety and depressive symptoms.  <b>Objective:</b> <b>Back:</b> Lower back tenderness. <b>Extremities:</b> Left wrist, right knee and right ankle tenderness, decrease range of motion.  <b>Assessment:</b> <ul style="list-style-type: none"> <li>• Falling injury</li> <li>• Ankle sprain</li> <li>• Pain in left wrist</li> <li>• Pain in right ankle</li> <li>• Pain in bilateral knee joints</li> </ul> <b>Plan:</b> Occupational forms physician statement signed. Followup with orthopedics as scheduled. Refer to PT for hand therapy.  <b>Prescription:</b> Buspirone HCL 15 mg.  <i>Related records: Assesment.</i>	121-123, 185

Date	Provider	Occurrence/Treatment	PDF REF
02/23/2022	OrthoOne Jacksonville Excellence Orthopedic Care  Fady El-Bahri, M.D.,  Jennifer Scott (Credential unavailable)	<p><b>Follow-up visit for right ankle injury and left wrist injury:</b>            Follow-up ankle injury, Right evaluated on 01/26/2022            Follow-up wrist injury, Left evaluated on 01/26/2022            Follow-up internal Derangement, Knee, Right evaluated on 01/26/2022</p> <p><b>Internal derangement of the right ankle joint</b> - She was seen on 01/26/2022 at which time a MRI of the right ankle was ordered and presents today to discuss her imaging results. She complains of swelling, pain with range of motion, but no pain with standing. She is attending physical therapy at Cora four times per week and she feels it has helped to reduce her symptoms</p> <p><b>Internal derangement of the left wrist joint</b> - She was seen on 01/26/2022, at which time a MRI of the left wrist was ordered and presents today to discuss her imaging results. She complains of swelling and pain with gripping objects. She is attending physical therapy at Cora four times per week and she feels it has helped to reduce her symptoms.</p> <p><i>*Reviewer's comment: Physical therapy record of Cora Physical Therapy prior to 02/23/2022 if any are unavailable for review</i></p> <p><b>Internal derangement of the right knee</b> - She was seen on 01/26/2022, at which time a MRI of the right knee was ordered and presents today to discuss her imaging results. She complains of knee pain, and states she is attending physical therapy at Cora four times per week. She states that the therapy has helped to reduce her symptoms.</p> <p><b>Physical examination:</b>  <b>Left wrist:</b> Left Wrist ROM: grossly intact and with pain  <b>Inspection:</b>  <b>Left Wrist:</b> Tenderness to palpation 1st dorsal compartment, swelling. Tenderness to palpation over distal ulna, and TTP over TFCC and positive tenderness to palpation over Flexor carpi ulnaris. Positive tenderness to palpation over extensor carpi ulnaris</p> <p><b>Right Knee ROM:</b> With pain  <b>Inspection:</b>  <b>Right Knee:</b> Lateral joint line tenderness, medial joint line tenderness, patellar tendon tenderness, and swelling and positive tenderness to palpation over the quadriceps tendon  <b>Special:</b>  <b>Right Knee:</b> McMurray Test: Positive medial and McMurray  <b>Test:</b> Positive lateral  <b>Ankle:</b>  <b>Right Ankle ROM:</b> Grossly intact and with pain            Inspection:  <b>Right Ankle:</b> Swelling positive tenderness to palpation over the anterolateral aspect</p> <p><b>Assessment and plan:</b></p>	83-85, 93

Date	Provider	Occurrence/Treatment	PDF REF
		<ul style="list-style-type: none"> <li>• <b>Contusion, knee, right</b> - Contusion of right knee, Initial encounter – distributed on the right knee.</li> <li>• <b>Contusion of right knee</b>, Initial encounter distributed on the right knee. Epsom salt baths. Continue physical therapy and use Diclofenac gel.</li> <li>• <b>Contusion, wrist, left</b> - Epsom salt baths. Continue physical therapy and use Diclofenac gel.</li> <li>• <b>Contusion, ankle, right</b> - Epsom salt baths. Continue physical therapy and use Diclofenac gel.</li> </ul> <p>Follow-up in four weeks.</p>	
03/08/2022	<p>Oak Hill Family Care Center Inc.</p> <p>Liza Byatt, APRN</p>	<p><b>Follow up visit for swelling of both legs:</b></p> <p><b>Subjective:</b> Here today for follow-up status post slip and fall. Patient states her pain has improved but still noticing off and on swelling of both legs. She is currently doing physical therapy (PT) 4 times per week at Bahri Orthopedics and has appt with Dr. Bahri on 03/23/2022. X-ray was unremarkable. MRI done at Bahri Ortho.</p> <p><b>Review of systems:</b> <b>Musculoskeletal:</b> Bilateral lower extremity swelling, right knee pain, right ankle pain, left shin, left wrist pain from falling, chronic low back and upper back pain. <b>Psychiatric:</b> Positive for anxiety and depressive symptoms.</p> <p><b>Objective:</b> <i>Same as 02/08/2022.</i></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Pedal edema</li> <li>• Falling injury</li> <li>• Ankle sprain</li> <li>• Fall from other slipping, tripping, or stumbling</li> <li>• Pain in left wrist</li> <li>• Pain of bilateral knee joints</li> <li>• Left knee pain</li> <li>• Pain in right ankle</li> </ul> <p><b>Plan:</b> Advised to elevate both legs when at rest. Continue physical therapy 4 times per week. Follow up with Dr. Bahri on 03/23/2022.</p>	124-126
03/08/2022	<p>Oak Hill Family Care Center Inc.</p> <p>Liza Byatt, APRN</p>	<p><b>Office visit for sore throat, cough, pedal edema, dysphagia</b></p>	127-129

Date	Provider	Occurrence/Treatment	PDF REF
03/23/2022	OrthoOne Jacksonville Excellence Orthopedic Care  Fady El-Bahri, M.D.,  Jennifer Scott (Credential unavailable)	<p><b>Follow-up visit for right ankle injury and left wrist injury:</b></p> <p><b>Right ankle contusion</b>-She states that she has been attending physical therapy 4 times per week, and has four visits remaining. She states that her symptoms are improving and the therapy is helping. She complains of pain with range of motion, pain along anterolateral aspect of her ankle, and her Achilles tendon. She states she is taking Ibuprofen to help manage her symptoms</p> <p><b>Left wrist contusion</b> - She states that she has been attending physical therapy 4 times per week, and has four visits remaining. She states that her symptoms are improving and the therapy is helping. She complains of pain that radiates into her pinky finger and pain along the lateral aspect of her wrist. She is currently taking Ibuprofen to manage her symptoms.</p> <p><b>Right knee contusion</b> - She states that she has been attending physical therapy 4 times per week, and has four visits remaining. She states that her symptoms are improving and the therapy is helping. She is able to drive for longer periods of time without pain. She complains of occasional pain in her knee and she is taking Ibuprofen to help manage her symptoms.</p> <p><b>Physical examination:</b></p> <p><b>Left wrist range of motion:</b>            Flexion 65 degrees and extension 70 degrees.            Ulnar deviation with pain and 45 degrees            Pronation – 80 degrees            Supination – 80 degrees</p> <p><b>Left Wrist Additional ROM:</b> Pain with ulnar deviation</p> <p><b>Inspection:</b>  <b>Left Wrist:</b> Tenderness to palpation over TFCC (triangular fibrocartilage complex) positive tenderness to palpation over extensor carpi ulnaris</p> <p><b>Right Knee ROM:</b> With pain</p> <p><b>Inspection:</b>  <b>Right Knee:</b> Lateral joint line tenderness, medial joint line tenderness, patellar tendon tenderness, and swelling and positive tenderness to palpation over the quadriceps tendon</p> <p><b>Special:</b>  <b>Right Knee:</b> McMurray Test: Positive medial and McMurray Test: Positive lateral</p> <p><b>Inspection:</b>  <b>Right Ankle:</b> Positive tenderness to palpation over anterolateral aspect and tenderness to palpation over anteromedial aspect</p> <p><b>Additional exam findings:</b> Tenderness to palpation antalgic gait tenderness to palpation</p> <p><b>Assessment and plan:</b></p> <ul style="list-style-type: none"> <li>• <b>Contusion of right knee</b>, initial encounter - distributed on the right knee and right knee joint. <b>Associated diagnosis:</b> Knee Pain. Epsom salt baths Continue physical therapy. Use Diclofenac gel. Continue physical therapy. A prescription for Diclofenac gel 3% was e-prescribed today, apply as directed. A Medrol dose pack as was e-prescribed today, take as directed.</li> </ul>	80-82

Date	Provider	Occurrence/Treatment	PDF REF
		<ul style="list-style-type: none"> <li>• <b>Wrist tendinitis, left-Other synovitis and tenosynovitis</b> left hand - located on the left wrist joint. Continue physical therapy. A prescription for Diclofenac gel 3% was e-prescribed today, apply as directed. A Medrol dose pack as was e-prescribed today, take as directed.</li> <li>• <b>Ankle Synovitis, Right</b></li> <li>• Other synovitis and tenosynovitis, right ankle, and foot - located on the right ankle joint. A prescription for Diclofenac gel 3% was e-prescribed today, apply as directed. A Medrol dose pack as was e-prescribed today, take as directed. Follow-up in four weeks.</li> </ul>	
04/18/2022	Express Medical Experts	<b>Laboratory report</b>	224
04/19/2022	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Follow up visit for swelling of both legs:</b>  <b>Subjective:</b>  Here today for follow-up status post slip and fall. Patient states her pain has improved but still noticing off and on swelling of both legs. She is currently doing PT 4 times per week at Bahri Orthopedics and has appointment with Dr in the next few weeks.</p> <p><b>Review of systems:</b> <i>Same as 03/08/2022.</i></p> <p><b>Objective:</b>  <b>Back:</b> Lower back tenderness.  <b>Extremities:</b> Positive for trace pedal edema, left wrist, right knee and right ankle tenderness, decrease range of motion.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Pain in right ankle</li> <li>• Pain in left wrist</li> <li>• Pain of bilateral knee joints</li> <li>• Left knee pain</li> <li>• Fall from other slipping, stripping, or stumbling</li> <li>• Ankle sprain</li> <li>• Bruising from injury</li> </ul> <p><b>Plan:</b>  Continue physical therapy previously ordered.  Continue to follow up with orthopedics as scheduled.  Dall precaution.  May take NSAIDs as needed for pain.</p>	133-135
04/19/2022	Oak Hill Family Care Center Inc.  Liza Byatt, APRN	<b>Follow up visit for sore throat, dysphagia, nasal congestion, red eye, diarrhea, abdominal pain, and cough</b>	130-132
04/26/2022	CORA Physical	<b>Physical therapy discharge summary for right knee pain:</b> <b>Certification period:</b> 04/08/2022-05/06/2022.	22-23

Date	Provider	Occurrence/Treatment	PDF REF																																																				
	Therapy-Westside  Kristi Link, PT  Fady Bahri, M.D.	<p><b>Evaluation</b> 02/08/2022.</p> <p><b>Medical/treatment diagnosis:</b> Pain in right knee.</p> <p>Patient attended 10 visits from evaluation.                      Patient cancelled/no showed 7 visits</p> <p><b>Discharge Criteria:</b> Did not return to therapy                      Should the patient continue with Home Program as prescribed, the prognosis is good                      Patient is independent with Home Exercise Program.                      Patient is compliant with Home Exercise Program.</p> <table border="1" data-bbox="444 604 1321 1696"> <thead> <tr> <th data-bbox="444 604 667 709">Motion AROM (indicates with pain)</th> <th data-bbox="667 604 886 709">Initial evaluation (02/08/2022)</th> <th data-bbox="886 604 1105 709">Re-evaluation (04/01/2022)</th> <th data-bbox="1105 604 1321 709">Re-evaluation (04/22/2022)</th> </tr> </thead> <tbody> <tr> <td data-bbox="444 709 667 814">Knee flexion</td> <td data-bbox="667 709 886 814">Left 135 degrees, right 110 degrees</td> <td data-bbox="886 709 1105 814">left 140 degrees and right 140 degrees</td> <td data-bbox="1105 709 1321 814">left 130 degrees and right 135 degrees</td> </tr> <tr> <td data-bbox="444 814 667 877">Knee extension</td> <td data-bbox="667 814 886 877">-</td> <td data-bbox="886 814 1105 877">-</td> <td data-bbox="1105 814 1321 877">Left 0 and right 0</td> </tr> <tr> <td data-bbox="444 877 667 1014">Hip flexion</td> <td data-bbox="667 877 886 1014">Left 115 degrees and right 105 degrees</td> <td data-bbox="886 877 1105 1014">Left 115 degrees and right 115 degrees</td> <td data-bbox="1105 877 1321 1014">Left 110 degrees and right 110 degrees</td> </tr> <tr> <td data-bbox="444 1014 667 1119">Ankle dorsiflexion</td> <td data-bbox="667 1014 886 1119">Left 15 degrees and right 10 degrees</td> <td data-bbox="886 1014 1105 1119">Left 20 degrees and right 15 degrees</td> <td data-bbox="1105 1014 1321 1119">-</td> </tr> <tr> <td data-bbox="444 1119 667 1224">Ankle plantarflexion</td> <td data-bbox="667 1119 886 1224">Left 45 degrees and right 30 degrees</td> <td data-bbox="886 1119 1105 1224">Left 45 degrees and right 40 degrees</td> <td data-bbox="1105 1119 1321 1224">-</td> </tr> <tr> <th data-bbox="444 1224 667 1329">Muscle motion/strength</th> <th data-bbox="667 1224 886 1329">Initial evaluation (02/08/2022)</th> <th data-bbox="886 1224 1105 1329">Re-evaluation (04/01/2022)</th> <th data-bbox="1105 1224 1321 1329">Re-evaluation (04/22/2022)</th> </tr> <tr> <td data-bbox="444 1329 667 1392">Knee flexion</td> <td data-bbox="667 1329 886 1392">left 5/5</td> <td data-bbox="886 1329 1105 1392">left 5/5, right 4+/5</td> <td data-bbox="1105 1329 1321 1392">left 5/5, right 4+/5</td> </tr> <tr> <td data-bbox="444 1392 667 1455">Knee extension</td> <td data-bbox="667 1392 886 1455">left 5/5</td> <td data-bbox="886 1392 1105 1455">-</td> <td data-bbox="1105 1392 1321 1455">left 5/5, right 4+/5</td> </tr> <tr> <td data-bbox="444 1455 667 1518">Hip flexion</td> <td data-bbox="667 1455 886 1518">Left 5/5, right 2+/5</td> <td data-bbox="886 1455 1105 1518">left 5/5, right 4+/5</td> <td data-bbox="1105 1455 1321 1518">left 5/5, right</td> </tr> <tr> <td data-bbox="444 1518 667 1560">Hip Extension</td> <td data-bbox="667 1518 886 1560"></td> <td data-bbox="886 1518 1105 1560"></td> <td data-bbox="1105 1518 1321 1560">left 5/5, right</td> </tr> <tr> <td data-bbox="444 1560 667 1623">Hip Abduction</td> <td data-bbox="667 1560 886 1623">Left 5/5, right 3+/5</td> <td data-bbox="886 1560 1105 1623"></td> <td data-bbox="1105 1560 1321 1623">left 5/5, right</td> </tr> <tr> <td data-bbox="444 1623 667 1696">Hip Adduction</td> <td data-bbox="667 1623 886 1696">Left 5/5 right 3/5</td> <td data-bbox="886 1623 1105 1696"></td> <td data-bbox="1105 1623 1321 1696">left 5/5, right</td> </tr> </tbody> </table> <p data-bbox="444 1730 1321 1829"><i>*Reviewer's comment: Physical therapy evaluation dated 02/08/2022, re-evaluation, 04/01/2022 and 04/08/2022 and interim therapy visits if any are unavailable for review</i></p>	Motion AROM (indicates with pain)	Initial evaluation (02/08/2022)	Re-evaluation (04/01/2022)	Re-evaluation (04/22/2022)	Knee flexion	Left 135 degrees, right 110 degrees	left 140 degrees and right 140 degrees	left 130 degrees and right 135 degrees	Knee extension	-	-	Left 0 and right 0	Hip flexion	Left 115 degrees and right 105 degrees	Left 115 degrees and right 115 degrees	Left 110 degrees and right 110 degrees	Ankle dorsiflexion	Left 15 degrees and right 10 degrees	Left 20 degrees and right 15 degrees	-	Ankle plantarflexion	Left 45 degrees and right 30 degrees	Left 45 degrees and right 40 degrees	-	Muscle motion/strength	Initial evaluation (02/08/2022)	Re-evaluation (04/01/2022)	Re-evaluation (04/22/2022)	Knee flexion	left 5/5	left 5/5, right 4+/5	left 5/5, right 4+/5	Knee extension	left 5/5	-	left 5/5, right 4+/5	Hip flexion	Left 5/5, right 2+/5	left 5/5, right 4+/5	left 5/5, right	Hip Extension			left 5/5, right	Hip Abduction	Left 5/5, right 3+/5		left 5/5, right	Hip Adduction	Left 5/5 right 3/5		left 5/5, right	
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Date	Provider	Occurrence/Treatment	PDF REF
05/04/2022	<p>OrthoOne Jacksonville Excellence Orthopedic Care</p> <p>Fady El-Bahri, M.D.,</p> <p>Jennifer Scott (Credential unavailable)</p>	<p><b>Follow-up visit for right ankle, left wrist injury and right knee pain:</b>  <b>Right ankle contusion</b> - Patient states that her symptoms are unchanged. She complains of swelling and increased pain with driving. She states that she has completed physical therapy and her insurance did not approve the prescribed Diclofenac gel.  <b>Left wrist contusion</b> - She states that her symptoms are unchanged. She complains of swelling and continued pain after completing the Medrol dose pak. She states that she has completed physical therapy and her insurance did not approve the prescribed Diclofenac gel.  <b>Right knee contusion</b> - She states that her symptoms are unchanged. She states that she has completed physical therapy and her insurance did not approve the prescribed Diclofenac gel.</p> <p><b>Physical examination:</b>  <b>Left Wrist ROM:</b> With pain  <b>Inspection:</b>  <b>Left Wrist:</b> TTP (Tenderness to palpation) over distal ulna and tenderness to palpation over TFCC and positive TTP (Tenderness to palpation) over flexor carpi ulnaris  <b>Left Hand:</b> Strength: 2/5, normal muscle tone.  <b>Inspection:</b>  <b>Right Knee:</b> Swelling positive tenderness to palpation over quadriceps tendon  <b>Special:</b>  <b>Right Knee:</b> J sign: Positive  <b>Right ankle ROM:</b> Positive inversion/Eversion 10/10  <b>Inspection;</b>  <b>Right Ankle:</b> Swelling and TTP (Tenderness to palpation) peroneal  <b>Additional Exam Findings:</b> Ankle tenderness antalgic gait tenderness to palpation</p> <p><b>Assessment and plan:</b></p> <ul style="list-style-type: none"> <li>• <b>Ankle tendon tear, right:</b> Order for surgery. Right ankle arthroscopy possible peroneal retinaculum repair. Procedure Location: Right ankle</li> <li>• <b>Contusion, knee, right</b> - Epsom salt baths and ice application</li> <li>• <b>Wrist tendinitis, left</b> - Epsom salt baths and ice application</li> </ul> <p>Follow-up in four weeks.</p> <p><i>Related records: Assessment.</i></p>	11-13, 87-90, 173-177, 187-189
05/24/2022	<p>Oak Hill Family Care Center Inc.</p> <p>Liza Byatt, APRN</p>	<p><b>Follow up visit for swelling of both legs:</b>  <b>Subjective:</b> Right ankle arthroscopy peroneal retinaculum repair: Here today for followup status post slip and fall and for pre-op labs for right ankle arthroscopy. Patient states her pain has improved but still noticing off and on swelling of both legs. She is currently doing PT 4 times per week at Bahri Orthopedics and has appointment with Dr in the next few weeks.</p> <p><b>Review of systems:</b> <i>Same as 03/08/2022.</i></p>	136-138



Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Objective:</b> <i>Same as 04/19/2022.</i></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Falling injury</li> <li>• Pain in right ankle</li> <li>• Pain of bilateral knee joints</li> <li>• Pain in left wrist</li> <li>• Sprain of right ankle, subsequent encounter</li> </ul> <p><b>Plan:</b> Chest X-ray. Return to clinic 1 week for pre op clearance.</p>	
05/24/2022	<p>Oak Hill Family Care Center Inc.</p> <p>Liza Byatt, APRN</p>	<p><b>Follow up visit for medication refill:</b> <b>Review of systems:</b> <i>Same as 03/08/2022.</i></p> <p><b>Objective:</b> <i>Same as 04/19/2022.</i></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Idiopathic scoliosis</li> <li>• Recurrent major depressive episodes, mild</li> <li>• Thoracic back pain</li> <li>• Generalized anxiety disorder</li> </ul> <p><b>Plan:</b> Medication refill. Return to clinic in 3 months.</p> <p><b>Prescriptions:</b> Escitalopram Oxalate 20 mg Buspirone HCL 15 mg Ibuprofen 800 mg.</p> <p><i>Reviewer's comment: Case focus information alone captured in detail.</i></p>	139-141
05/25/2022	Express Medical Experts	<b>Laboratory report</b>	193-195
05/26/2022	Akumin Riverside	<p><b>X-ray of chest:</b> <b>Clinical data:</b> Preoperative. Non-smoker. Hypertension.</p> <p><b>Impression:</b></p> <ul style="list-style-type: none"> <li>• Clear lungs with normal heart and pulmonary vasculature</li> <li>• S-shaped scoliosis of the thoracolumbar spine</li> </ul>	213
06/08/2022	<p>Oak Hill Family Care Center Inc.</p> <p>Liza Byatt, APRN.</p>	<p><b>Follow up visit for preoperative clearance for right ankle arthroscopy peroneal retinaculum repair:</b> <b>Subjective:</b> Preop clearance for right ankle arthroscopy peroneal retinaculum repair.</p> <p><b>Review of systems:</b> <i>Same as 03/08/2022.</i></p>	144-146

Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Objective:</b> Same as 04/19/2022.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Preop examination</li> <li>• Falling injury</li> <li>• Sprain of right ankle, subsequent encounter</li> <li>• Pedal edema</li> <li>• Pain in left wrist</li> <li>• Left knee pain</li> <li>• Pain of bilateral knee joints</li> </ul> <p><b>Plan:</b></p> <p><b>Electrocardiogram:</b> Normal sinus rhythm. Chest X-ray normal. Cleared for right knee arthroscopy.</p>	
06/08/2022	Oak Hill Family Care  <i>Provider unavailable</i>	<p><b>Electrocardiogram report:</b> Sinus rhythm. Heart rate 83 bpm. Normal EKG.</p>	190
06/27/2022	Memorial Hospital- Jacksonville  Fady A El- Bahri, M.D.  Lena Haddad, PA.	<p><b>Operative report of right ankle surgery:</b></p> <p><b>Preoperative diagnosis:</b> Right ankle internal derangement.</p> <p><b>Procedure performed:</b></p> <ul style="list-style-type: none"> <li>• Right ankle arthroscopy.</li> <li>• Abrasion chondroplasty of the ankle.</li> <li>• Removal of loose body.</li> <li>• Extensive excision of scar tissue</li> <li>• Extensive synovectomy.</li> </ul> <p><b>Post Operative Diagnoses:</b> Right ankle severe scar tissue. Chondromalacia grade 4 of the talus. Loose body. Extensive synovitis.</p> <p><b>Anesthesia:</b> General anesthesia.</p> <p><b>Postprocedure plan:</b> The patient awakened, taken to recovery-room in stable condition.</p>	18-19
06/29/2022	OrthoOne Jacksonville Excellence Orthopedic Care  Fady El-Bahri, M.D.,	<p><b>Follow-up visit for right ankle surgery:</b></p> <p><b>History of present illness:</b> This is a 29 year old female who is status post right ankle arthroscopy that was performed on 6/26/22. She states that she is in a lot of pain and her pharmacy was not able to fill her pain prescription as they were out of Percocet. She states that she changed pharmacy's and was only allowed three days of pain medication instead of the prescribed 7 days. She states that the medication makes her feel nauseous, dizzy, and sleepy. It does not help to reduce her pain and she would like a different medication. She states that she changed her post - op bandage and has continued to ambulated using crutches.</p>	14-15

Date	Provider	Occurrence/Treatment	PDF REF
	Jennifer Scott (Credential unavailable)	<p><b>Physical examination:</b>  <b>Postoperative ankle:</b>  Patient declined right ankle ROM exam secondary to pain  <b>Skin:</b>  <b>Right Ankle:</b> Ecchymosis and positive sutures intact  <b>Inspection:</b>  <b>Right Ankle:</b> Bruising/ ecchymoses and swelling positive calf, ankle, and foot is swollen and bruised  <b>Gait:</b> Ambulating with assistance  <b>Additional Exam Findings:</b> Joint swelling ROM limited by pain wound clean, dry, intact lower extremity neurovascularly intact</p> <p><b>Assessment and plan:</b>  Post-op ankle arthroscopy  Encounter for other orthopedic aftercare - distributed on the right ankle joint. Postoperative examination</p> <ul style="list-style-type: none"> <li>• <b>Plan: RICE.</b></li> <li>• <b>RICE: Rest:</b> Rest the affected area for 24-48 hours.</li> <li>• <b>RICE: ice:</b> Apply ice to the affected area for 20 minutes. Place a towel or cloth between the skin and ice. If continued icing is needed remove ice for 20 minutes then reapply.</li> <li>• <b>RICE: Compression:</b> Keep compression wrap in place for 24-48 hours. If the compressive dressing feels too tight, then loosen as needed.</li> <li>• <b>RICE: Elevation:</b> Elevate the affected extremity above your heart.</li> </ul> <p><b>Plan: Additional Notes.</b></p> <ul style="list-style-type: none"> <li>• A prescription for Zofran was e-prescribed today, take as directed.</li> <li>• A prescription for Norco 10 mg was e-prescribed today, take as directed.</li> <li>• Continue Ice application and elevation.</li> <li>• Continue crutches.</li> <li>• Patient is to proceed with gentle range of motion and remain non weight bearing.</li> </ul> <p>Follow up in 1 week</p>	
07/04/2022	HCA Florida Orange Park Hospital  Raza Master, D.O.,  Justin Deaton, M.D.,	<p><b>Emergency department visit for right foot pain:</b>  29-year-old female presents today with right foot pain. States on June 23rd patient underwent surgical procedure to the right foot involving tendon with Dr. Fady Ei-Bahri. States she has had worsening pain to this region therefore called the office on 07/01/2022 where she was prescribed Keflex and told to call back if her symptoms do not improve by today. States she called the office again today and they recommended patient come to the emergency room.</p> <p><b>Home medications:</b> Lortab 10/325 mg, Aspirin EC 81 mg</p> <p><b>Reported medications:</b> Norvasc 5 mg, Multivitamin</p>	95-103

Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Physical examination:</b>  <b>Skin:</b>  Normal color -Dry  Right foot appear edematous, two surgical wounds with sutures in place in the proximal anterior foot, no purulent drainage, no bleeding, no surrounding erythema, non-fluctuant. 2 + DP pulse on the right.  Sensation to the right distal foot intact. Able to move all toes on the right.</p> <p><b>Pulse Oximetry:</b> 98%.</p> <p><b>Re-evaluation:</b>  Approximately 1405, called Dr. Fady El-Bahri's office, they stated they will page out Dr. El-Bahri the head and have him call back.  1519 called again, they stated they will contact Dr. El-Bahri and to call back if no response from Dr. El-bahri in 20 minutes.  Dr. El-bahri, called back, case was discussed with him including benign physical exam without concerning findings for postoperative infection. Plan was discussed with him to have the patient continue the Keflex. He stated the patient should follow-up in office tomorrow.  Patient was advised of this recommendation to follow-up with orthopedic surgeon in office tomorrow and advised patient to continue using the antibiotics.  Patient's presentation and plan discussed with my attending physician. Patient stable. Discharged home with return precautions and appropriate follow up for complete management and resolution of symptoms.  Findings, result, and diagnostic uncertainties were discussed with the patient.  Patient was provided with information regarding symptoms to look out for and when to return to the Emergency Room</p> <p>Differential diagnosis includes but is not limited to: Cellulitis, abscess, postoperative infection</p> <p><b>Clinical impression:</b>  <b>Encounter for postoperative wound check</b></p> <p><b>Counseled Regarding Diagnosis,</b> Need for follow-up, When to return to ED Patient Instructions ED Post Op Wound Check, General Additional Instructions  You must follow up with your orthopedic surgeon Dr. Fahdi El-Bahri within 24 hours for complete management of your symptoms. Please continue taking your antibiotics as prescribed. Please return to the emergency room for any worsening symptoms or new symptoms or any concerns whatsoever. Due to the short nature of most emergency room visits, there can be uncertainty regarding the diagnosis therefore it is very important that if you experience new symptoms, worsening symptoms, or anything else that concerns you, please return to this Emergency Room or go to any emergency room or call 911 immediately.</p> <p><b>Supervising Physician Note-</b> Resident Saw</p>	

Date	Provider	Occurrence/Treatment	PDF REF
		This patient was seen by a resident. I have personally seen the patient, performed the critical or key portions of the service, and participated in the management of the patient. I have reviewed and agree with the resident's note, and I have reviewed all labs, ECGs, and imaging studies or reports. I agree with this resident's findings, exam, and plan.	
07/06/2022	<p>OrthoOne Jacksonville Excellence Orthopedic Care</p> <p>Fady El-Bahri, M.D.,</p> <p>Jennifer Scott (Credential unavailable)</p>	<p><b>Follow-up visit for left ankle surgery:</b> Patient is status post a left ankle arthroscopy that was performed on 6/26/22. She states that she went to the ER due to the pain and swelling in her ankle. She states that her sutures are intact and she has continued to use crutches.</p> <p><b>Physical examination:</b> <b>Postop Ankle</b> Patient declined right ankle ROM exam secondary to pain.</p> <p><b>Skin:</b> <b>Right Ankle:</b> Ecchymosis positive sutures intact</p> <p><b>Inspection:</b> <b>Right Ankle:</b> Bruising/ ecchymoses and swelling, positive calf, ankle, and foot is swollen</p> <p><b>Gait:</b> Ambulating with assistance</p> <p><b>Additional Notes:</b> Neurovascular intact, sensation intact, good pulse and Calf soft and non-tender</p> <p><b>Additional Exam Findings:</b> ROM limited by pain joint swelling wound clean, dry, intact lower extremity neurovascularly intact.</p> <p><b>Assessment and plan:</b></p> <ul style="list-style-type: none"> <li>• <b>Post-op ankle arthroscopy</b></li> <li>• Encounter for other orthopedic aftercare - distributed on the right ankle joint.</li> <li>• <b>Associated diagnosis:</b> Postoperative Exam. Physical therapy/occupational therapy prescription.</li> <li>• <b>Indication:</b> Post-op Ankle Arthroscopy - right ankle joint. Instructions: evaluate and treat per diagnosis/objective exam and post-operative protocol. Recommend frequency of 3 times per week for 6 weeks.</li> <li>• <b>Therapeutic Exercises:</b> All exercises prn per therapist.</li> <li>• <b>Manual Therapy:</b> All manual therapy prn per therapist.</li> <li>• <b>Modalities:</b> All modalities prn per therapist. All modalities prn per therapist.</li> <li>• <b>Plan:</b> Suture Removal. Sutures were removed in standard fashion. Steri-strips were applied.</li> <li>• <b>Plan:</b> Additional Notes. A prescription for Percocet 10 mg was e-prescribed today, take as directed. Followup in six weeks.</li> </ul>	16-17
07/13/2022	CORA Physical Therapy- Westside	<p><b>Interim physical therapy visit for right ankle pain:</b> <b>Subjective:</b> <b>History/Symptoms:</b> Patient presents to physical therapy status post right arthroscopic ankle debridement as well abrasion chondroplasty. At this time she has max difficulty standing and walking at all as well as with transfers and impairing her ability to take care of her children. At this</p>	24-27, 70-72

Date	Provider	Occurrence/Treatment	PDF REF																														
	<p>Christopher Heffernan, PT</p> <p>Fady Bahri, M.D.</p>	<p>time, she has max difficulty with all ADLs. the only alleviating factor at this time is rest, ice, and medication. Her goal is to be able to stand and walk without much difficulty.</p> <p>Patient is aware of the diagnosis/prognosis. Rehab potential is good for goals. Patient alert and oriented x3. Patient is able to follow directions.</p> <p><b>Family Support:</b> Patient lives with family. Patient needs to be able to ascend/descend 3 steps in order to negotiate the home.</p> <p><b>Objective</b> Patient has not had therapy for the same condition.</p> <table border="1" data-bbox="444 638 1101 982"> <thead> <tr> <th data-bbox="444 638 634 709">Ankle function</th> <th colspan="2" data-bbox="634 638 886 709">AROM (indicates with pain)</th> <th data-bbox="886 638 992 709">PRO M</th> <th data-bbox="992 638 1101 709">strength</th> </tr> <tr> <td></td> <th data-bbox="634 709 773 741">Right</th> <th data-bbox="773 709 886 741">Left</th> <th data-bbox="886 709 992 741">Right</th> <th data-bbox="992 709 1101 741">Left</th> </tr> </thead> <tbody> <tr> <td data-bbox="444 741 634 842">Dorsiflexion</td> <td data-bbox="634 741 773 842">Lack 30 degrees</td> <td data-bbox="773 741 886 842">8 degrees</td> <td data-bbox="886 741 992 842">lack 6 degrees</td> <td data-bbox="992 741 1101 842">4+/5</td> </tr> <tr> <td data-bbox="444 842 634 913">Plantarflexion</td> <td data-bbox="634 842 773 913">50</td> <td data-bbox="773 842 886 913">55</td> <td data-bbox="886 842 992 913">-</td> <td data-bbox="992 842 1101 913">4/5</td> </tr> <tr> <td data-bbox="444 913 634 945">Eversion</td> <td data-bbox="634 913 773 945">2</td> <td data-bbox="773 913 886 945">27</td> <td data-bbox="886 913 992 945">-</td> <td data-bbox="992 913 1101 945">4+/5</td> </tr> <tr> <td data-bbox="444 945 634 982">Inversion</td> <td data-bbox="634 945 773 982">20</td> <td data-bbox="773 945 886 982">40</td> <td data-bbox="886 945 992 982">-</td> <td data-bbox="992 945 1101 982">4+/5</td> </tr> </tbody> </table> <p><b>Gait</b> - Ambulated with partial weightbearing and bilaterally axillary crutches</p> <p><b>Diagnosis:</b> Pain in right ankle and joints of right foot</p> <p><b>Assessment:</b> Patient presenting s/p arthroscopic surgery as well as chondroplasty of the right ankle. At this time she presents with severe impairments in gait, mobility, and functional mobility. She would benefit from skilled PT services for progression through a functional strengthening program of the RLE to allow her to return to PLOF. Patient will require extensive patient education to improve outcomes and help to reduce fear avoidant behavior.</p> <p><b>Treatment:</b> Therapeutic exercise, physical therapy, therapeutic activities.</p> <p><b>Plan:</b></p> <ul style="list-style-type: none"> <li>• Hot pack for muscle relaxation, increase circulation</li> <li>• Cold pack to decrease pain and inflammation</li> <li>• Therapeutic activities to improve functional performance</li> <li>• Therapeutic Exercise for strengthening, stabilization, endurance, and flexibility</li> <li>• Neuromuscular re-education to improve balance, posture, coordination, proprioception, kinesthetic sense</li> </ul>	Ankle function	AROM (indicates with pain)		PRO M	strength		Right	Left	Right	Left	Dorsiflexion	Lack 30 degrees	8 degrees	lack 6 degrees	4+/5	Plantarflexion	50	55	-	4/5	Eversion	2	27	-	4+/5	Inversion	20	40	-	4+/5	
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		<ul style="list-style-type: none"> <li>Manual therapy to promote tissue and joint mobility via mobilization and myofascial release</li> <li>Gait training for safe ambulation and stair negotiation</li> <li><b>Home management training:</b> Home exercise program, body mechanics training, energy conservation, safety</li> <li>Patient will be seen 3 times per week for 6 weeks.</li> </ul>																			
<p>07/15/2022 - 07/22/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Christopher Heffernan, PT</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p>	<p><b>Multiple physical therapy visits for right ankle pain:</b> <b>Total no of visits: 3</b></p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Significant events:</b> <b>07/15/2022:</b> Patient presents with no new complaints today Patient able to shower on her own today standing. Patient Reports Pain 4/10</p> <p><b>07/18/2022:</b> Patient presents with no new complaints today. Swelling still present. Patient Reports Pain 4/10</p> <p><b>07/22/2022:</b> Patient presents with no new complaints today. Swelling still present. Patient Reports Pain 4/10. Patients session further continued with treatment POC at this time to continue making progress towards ADL and treatment goals, marbles were introduced today to further promote coordination of splay and ankle movement, patient tolerated the treatment well with no new exacerbations, patient will further continue to make progress towards PLOF with continuation of skilled treatment.</p> <p><i>*Reviewer's comment: Multiple physical therapy visits are summarized with significant events.</i></p>	<p>28-34</p>																		
<p>07/27/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p> <p>Fady Bahri, M.D.</p>	<p><b>Physical therapy progress note for right ankle pain:</b> Patient attended 4 visits from evaluation. Patient cancelled/no showed 2 visits</p> <table border="1" data-bbox="448 1354 911 1633"> <thead> <tr> <th data-bbox="448 1354 634 1423">Ankle function</th> <th colspan="2" data-bbox="634 1354 911 1423">AROM (indicates with pain)</th> </tr> <tr> <td data-bbox="448 1423 634 1459"></td> <td data-bbox="634 1423 773 1459">Right</td> <td data-bbox="773 1423 911 1459">Left</td> </tr> </thead> <tbody> <tr> <td data-bbox="448 1459 634 1495">Dorsiflexion</td> <td data-bbox="634 1459 773 1495">8degrees</td> <td data-bbox="773 1459 911 1495">36</td> </tr> <tr> <td data-bbox="448 1495 634 1564">Plantarflexion</td> <td data-bbox="634 1495 773 1564">48</td> <td data-bbox="773 1495 911 1564">55</td> </tr> <tr> <td data-bbox="448 1564 634 1600">Eversion</td> <td data-bbox="634 1564 773 1600">8</td> <td data-bbox="773 1564 911 1600">27</td> </tr> <tr> <td data-bbox="448 1600 634 1633">Inversion</td> <td data-bbox="634 1600 773 1633">28</td> <td data-bbox="773 1600 911 1633">40</td> </tr> </tbody> </table> <p><b>Accessory joint mobility:</b> Hypo TC due to swelling Palpation: Global ankle <b>Posture:</b> Within normal limit <b>Flexibility:</b> Decreased ankle mobility <b>Sensation:</b> Intact left, slight diminished due to swelling <b>Gait:</b> Antalgic with crutches <b>Balance:</b> Diminished all due to pain and crutch use</p>	Ankle function	AROM (indicates with pain)			Right	Left	Dorsiflexion	8degrees	36	Plantarflexion	48	55	Eversion	8	27	Inversion	28	40	<p>35-37</p>
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		<p><b>Assessment:</b> Patient continues to present with swelling but is less in comparison to evaluation. Patient continues to remain compliant with treatment in clinic but HEP carryover weak at this time, patient demonstrates diminished ability with toe splay, curl, and ankle mobility in all planes. Patient will further continue to make progress with post op protocol and functional ability with continuation of skilled treatment.</p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Plan:</b> Continue therapy 3 times per week for 4 weeks.</p>																														
<p>07/29/2022 - 08/05/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Christopher Heffernan, PT</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p>	<p><b>Multiple physical therapy visits for right ankle pain:</b> <b>Total no of visits:</b> 4</p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Significant events:</b>  <b>07/29/2022:</b> Patient presents with no new complaints today.  <b>08/01/2022:</b> Right ankle pain 3/10. No new complaints.  <b>08/03/2022:</b> No new complaints.  <b>08/05/2022:</b> Patient reports decrease in swelling but still some present. Pain level as 4/10.</p> <p><i>*Reviewer's comment: Multiple physical therapy visits are summarized with significant events.</i></p>	<p>38-45</p>																													
<p>08/10/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p> <p>Fady Bahri, M.D.</p>	<p><b>Physical therapy progress note for right ankle pain:</b> Patient attended 9 visits from evaluation. Patient cancelled/no showed 2 visits. <b>Certification period:</b> 08/10/2022-09/07/2022</p> <table border="1" data-bbox="446 1377 1183 1656"> <thead> <tr> <th rowspan="2">Ankle function</th> <th colspan="2">AROM (indicates with pain)</th> <th colspan="2">Muscle strength</th> </tr> <tr> <th>Right</th> <th>Left</th> <th>Left</th> <th>Right</th> </tr> </thead> <tbody> <tr> <td>Dorsiflexion</td> <td>10</td> <td>-</td> <td>4+/5</td> <td>3+/5</td> </tr> <tr> <td>Plantarflexion</td> <td>50</td> <td>-</td> <td>4+/5</td> <td>3+/5</td> </tr> <tr> <td>Eversion</td> <td>10</td> <td>-</td> <td>4+/5</td> <td>3+/5</td> </tr> <tr> <td>Inversion</td> <td>28</td> <td>-</td> <td>4+/5</td> <td>3+/5</td> </tr> </tbody> </table> <p><b>Accessory joint mobility:</b> Hypo TC and ankle mobility due to swelling  <b>Palpation:</b> Global discomfort with palpation around surgical site  <b>Posture:</b> WNL  <b>Flexibility:</b> Decreased ankle mobility  <b>Sensation:</b> Intact  <b>Gait:</b> Antalgic, crutches</p>	Ankle function	AROM (indicates with pain)		Muscle strength		Right	Left	Left	Right	Dorsiflexion	10	-	4+/5	3+/5	Plantarflexion	50	-	4+/5	3+/5	Eversion	10	-	4+/5	3+/5	Inversion	28	-	4+/5	3+/5	<p>46-48</p>
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		<p><b>Balance:</b> Diminished due to pain and swelling, WS still being done in PT.</p> <p><b>Assessment:</b> Patient has made some ROM and functional progress since last PN but still has same deficits of ROM as well as functional strength, patient still has pain with standing and moving ankle into all planes. Patient will further continue to make strength and ROM progress towards goal and PLOF return with continuation of skilled treatment.</p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Plan:</b> Continue therapy 3 times per week for 4 weeks.</p>																							
<p>08/12/2022 - 08/19/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Christopher Heffernan, PT</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p>	<p><b>Multiple physical therapy visits for right ankle pain:</b> <b>Total no of visits: 2</b></p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Significant events:</b> <b>08/12/2022:</b> Patient states she is really sore today. Patient with moderate swelling and pain on the lateral aspect of the ankle. She struggles with any foot and ankle movement in standing.</p> <p><b>08/19/2022:</b> Patient presents with no new complaints today. Patient Reports Pain 4/10</p> <p><i>*Reviewer's comment: Multiple physical therapy visits are summarized with significant events.</i></p>	<p>49-52</p>																						
<p>08/24/2022</p>	<p>CORA Physical Therapy- Westside</p> <p>Jakob Davis, PTA</p> <p>Kristi Link, PT</p> <p>Fady Bahri, M.D.</p>	<p><b>Physical therapy progress note for right ankle pain:</b> Patient attended 12 visits from evaluation. Patient cancelled/no showed 3 visits.</p> <p><b>Certification period:</b> 08/24/2022-09/21/2022</p> <table border="1" data-bbox="446 1514 1089 1791"> <thead> <tr> <th rowspan="2">Ankle function</th> <th colspan="2">AROM (indicates with pain)</th> <th rowspan="2">Muscle strength</th> </tr> <tr> <th>Right</th> <th>Left</th> </tr> </thead> <tbody> <tr> <td>Dorsiflexion</td> <td>20</td> <td>-</td> <td>5/5</td> </tr> <tr> <td>Plantarflexion</td> <td>54</td> <td>-</td> <td>4+/5</td> </tr> <tr> <td>Eversion</td> <td>20</td> <td>-</td> <td>4+/5</td> </tr> <tr> <td>Inversion</td> <td>32</td> <td>-</td> <td>4+/5</td> </tr> </tbody> </table> <p><b>Accessory joint mobility:</b> Hypo TC</p>	Ankle function	AROM (indicates with pain)		Muscle strength	Right	Left	Dorsiflexion	20	-	5/5	Plantarflexion	54	-	4+/5	Eversion	20	-	4+/5	Inversion	32	-	4+/5	<p>53-55</p>
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Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Palpation:</b> Moderate palpation global ankle, sore with moderate palpation  <b>Posture:</b> Within normal limits  <b>Flexibility:</b> Decreased gastroc  <b>Sensation:</b> Intact  <b>Gait:</b> Antalgic  <b>Balance:</b> Diminished tandem and NBOS</p> <p><b>Assessment:</b>  Patient has made improvements with ROM as well as functional ability but still gets very swollen and has issues with walking tolerance as well ADL function. Patient will further continue to make PLOF return with continuation of skilled treatment focused on goals</p> <p><b>Treatment rendered:</b> Therapeutic exercise, neuromuscular re-education, therapeutic activities.</p> <p><b>Plan:</b>  Continue therapy 2 times per week for 4 weeks.</p>	
08/26/2022	<p>CORA  Physical Therapy-  Westside</p> <p>Kristi Link,  PT</p>	<p><b>Physical therapy daily note for right ankle pain:</b>  Patient states she is doing well. Mild pain today. Patient reports pain 3/10</p> <p>Patient had difficult time with short foot in standing. She was able to have improved posterior tib control when working on it eccentrically. She will benefit from skilled PT to address impairments and achieve functional goals.</p> <p><b>Treatment rendered:</b> Neuromuscular re-education, therapeutic activities.</p>	56-57
09/13/2022	<p>Oak Hill  Family Care  Center Inc.</p> <p>Liza Byatt,  APRN</p>	<p><b>Follow up visit for right ankle sprain, anxiety, depression:</b></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Sprain of right ankle, subsequent encounter</li> <li>• Generalized anxiety disorder</li> <li>• Moderate recurrent major depression</li> <li>• Idiopathic scoliosis</li> </ul> <p><b>Prescription:</b>  Escitalopram Oxalate 20 mg.  Buspirone HCL 15 mg.  Ibuprofen 800 mg</p>	147-148
01/12/2023	<p>Oak Hill  Family Care  Center Inc.</p> <p>Liza Byatt,  APRN</p>	<p><b>Follow up visit for right knee, and right ankle pain:</b>  <b>Subjective:</b> Right knee and right ankle pain from previous falling injury. Right ankle arthroscopy 06/2022 with Dr. Bahri.</p> <p><b>Review of systems:</b>  <b>Musculoskeletal:</b> Right knee and right ankle pain- history of surgery right ankle.</p> <p><b>Objective:</b></p>	149-151

Date	Provider	Occurrence/Treatment	PDF REF
		<p><b>Extremities:</b> Decrease range of motion right ankle, right knee tenderness, trace edema knee and right ankle.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Moderate recurrent major depression</li> <li>• Generalized anxiety disorder</li> <li>• Idiopathic scoliosis of thoracic spine</li> </ul> <p><b>Plan:</b> Seen by Dr. Bahri with follow up on 02/20/2023- currently taking Prednisone. Medication refill. Return to clinic in 4 weeks for physical examination.</p> <p><b>Prescription:</b> Hydroxyzine HCL 50 mg. Seroquel 300 mg.</p>	
03/02/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN	<p><b>Follow up visit for physical examination:</b></p> <p><b>Review of systems:</b></p> <p><b>Musculoskeletal:</b> Right knee and right ankle pain- history of surgery right ankle.</p> <p><b>Psychological:</b> Positive for depression and anxiety.</p> <p><b>Objective:</b></p> <p><b>Extremities:</b> Decrease range of motion right ankle, right knee tenderness, trace edema knee and right ankle.</p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Moderate recurrent major depression</li> <li>• Generalized anxiety disorder</li> <li>• Herniation lumbar disc</li> </ul> <p><b>Plan:</b> Counseled on generalized anxiety disorder and depression. Start Quetiapine and Hydroxyzine. Return to clinic in 2 weeks for physical examination.</p>	152-154
03/06/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Office visit for allergic reaction, weakness:</b></p> <p><b>Review of systems:</b></p> <p><b>Musculoskeletal:</b> Right knee and right ankle pain.</p> <p><b>Psychiatric:</b> Positive for depression and anxiety.</p> <p><b>Physical examination:</b> <i>Same as 03/02/2023.</i></p> <p><b>Plan:</b> Discontinue Quetiapine due to allergic reaction, re-start Sertraline as per patient's request. Counseled on generalized anxiety disorder, depression. Medication refill Follow up in 4 weeks.</p>	155-157

Date	Provider	Occurrence/Treatment	PDF REF
04/19/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Follow up visit for routine adult physical examination, elevated triglycerides, idiopathic scoliosis of thoracic spine, thoracic back pain, generalized anxiety disorder, pain in right foot, iron deficiency anemia:</b></p> <p><b>Review of systems:</b> <i>Same as 04/19/2023</i></p> <p><b>Physical examination:</b> <i>Same as 03/02/2023.</i></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Idiopathic scoliosis of thoracic spine</li> <li>• Thoracic back pain</li> <li>• Generalized anxiety disorder</li> <li>• Pain in right foot</li> </ul> <p><b>Plan:</b> Generalized anxiety disorder, depression counseling. Right foot X-ray regarding plantar pain for 1 month.</p> <p><i>Related records: Patient information.</i></p> <p><i>Reviewer's comment: Case focus information alone captured in detail.</i></p>	158-161, 214
06/02/2023	Akumin Riverside  Johnathan Hadley, M.D.	<p><b>X-ray of right foot:</b> <b>Clinical data:</b> Right foot pain, ruling cut bone spur. History off arthroscopic of foot and ankle 06/27/2022.</p> <p><b>Impression:</b> Unremarkable exam</p>	215
06/06/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Follow up visit for pain in right foot, and sprain of right ankle:</b></p> <p><b>Review of systems:</b> <i>Same as 04/19/2023</i></p> <p><b>Physical examination:</b> <i>Same as 03/02/2023.</i></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Pain in right foot</li> <li>• Sprain of right ankle, subsequent encounter</li> </ul> <p><b>Plan:</b> Right foot X-ray regarding plantar pain for 3 months- results unremarkable. MRI without contrast. Return to clinic for results.</p> <p><i>Related records: Patient information.</i></p>	162-164, 212
06/16/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN	<p><b>Follow up visit for fatigue, sore throat, dysphagia, right ovarian cyst, frequent and heavy menstruation</b></p>	165-167

Date	Provider	Occurrence/Treatment	PDF REF
08/24/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Follow up visit for nasal congestion, sore throat, moderate recurrent major depression, generalized anxiety disorder:</b></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Moderate recurrent major depression</li> <li>• Generalized anxiety disorder</li> </ul> <p><b>Plan:</b></p> <p>Sertraline HCL 50 mg. Ibuprofen 800 mg.</p> <p><i>Reviewer's comment: Case focus information alone captured in detail.</i></p>	168-169
09/18/2023	Oak Hill Family Care Center Inc.  Liza Byatt, APRN.	<p><b>Follow up visit for cervical endometriosis, depression, hypertension, frequent and heavy menstruation, right ovarian cyst, pedal edema, iron deficiency anemia, generalized anxiety disorder:</b></p> <p><b>Assessment:</b></p> <ul style="list-style-type: none"> <li>• Recurrent major depressive episodes, mild</li> <li>• Generalized anxiety disorder</li> </ul> <p><b>Plan:</b></p> <p>GAD and depression counseling. Return to clinic in 3 months.</p> <p><b>Prescription:</b></p> <p>Sertraline HCL 50 mg. Ibuprofen 800 mg.</p> <p><i>Reviewer's comment: Case focus information alone captured in detail.</i></p>	170-72