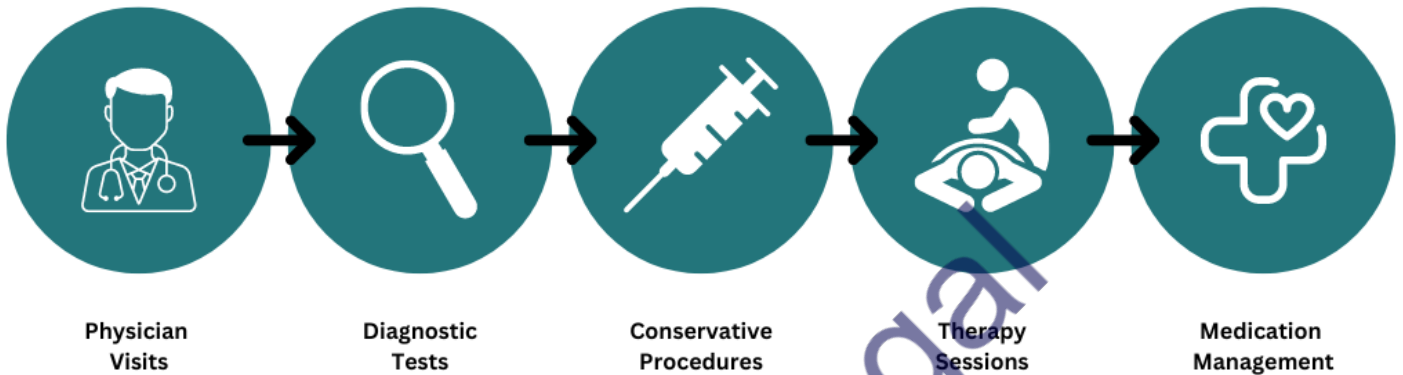


Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

# Premium Medical Cost Projections



*Prepared By*

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**Physical Medicine & Rehabilitation (Physiatrist)**



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## -Estimate of Reasonable Value of Future Medical Care-

**Patient Name: XXXXXX**

**Date of Birth: MM/DD/YYYY**

**Based on treatment recommendations provided by:**

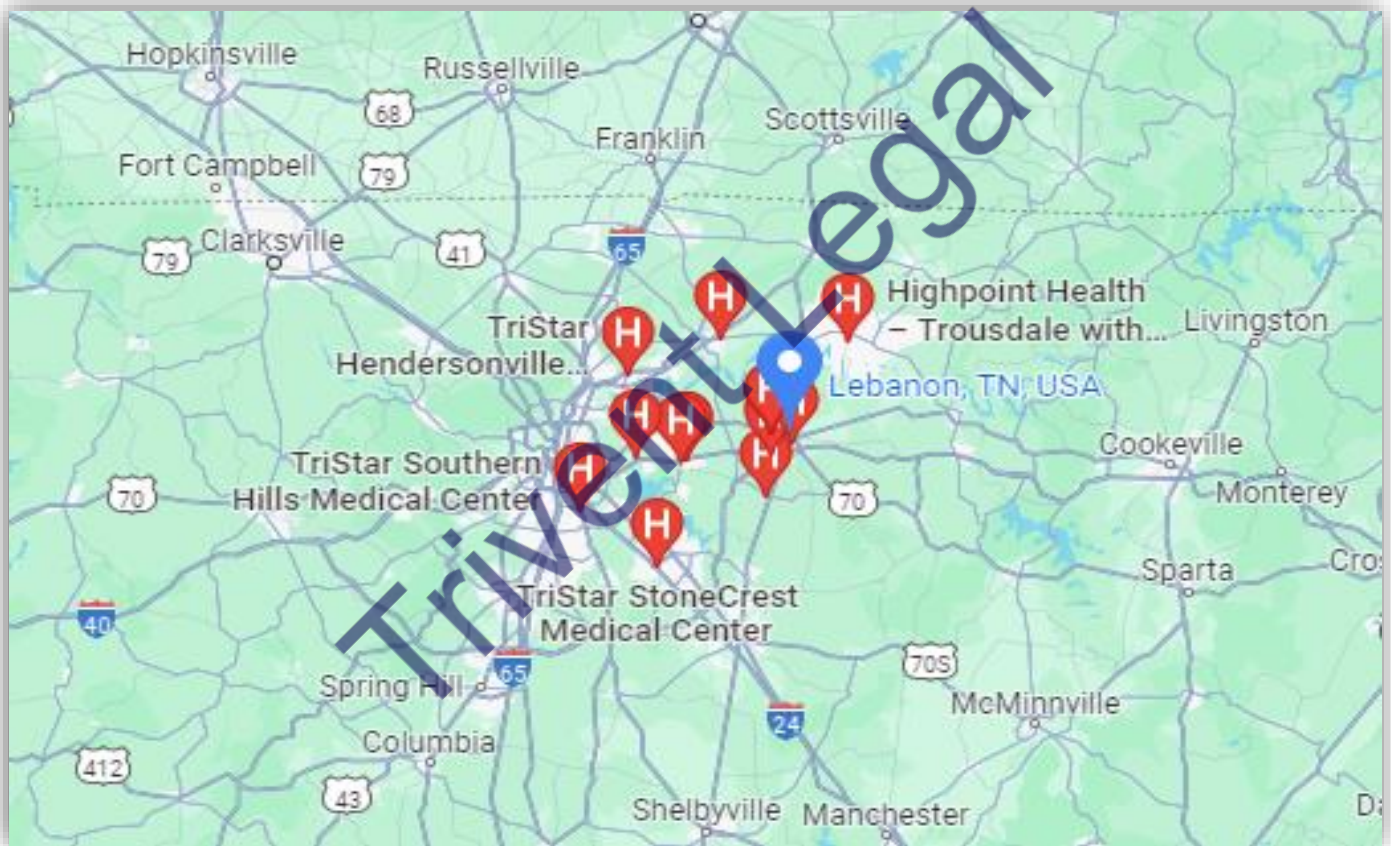
- XXXXXXXXX, M.D.
- XXXXXXXXX, M.D
- XXXXXXXXX, M.D. (Trivent)

Patient name: XXXXX XXXXX  
 Location: Lebanon, TN 37087  
 Patient age: \_\_

Treatment type	Treatment recommended	Estimated cost for lifetime
<b>Evaluations</b>	Podiatrist evaluations Primary care physician evaluations Pain management evaluations Physical therapy evaluation	<b>\$46,588.00</b>
<b>Diagnostic tests</b>	X-rays: Cervical spine Lumbar spine Right ankle  MRIs: Cervical spine Lumbar spine Right ankle	<b>\$27,930.00</b>
<b>Therapy sessions</b>	Therapeutic exercises Neuromuscular re-education Electrical stimulation Manual therapy	<b>\$57,000.00</b>
<b>Conservative procedures</b>	Epidural steroid injections: Cervical and Lumbar	<b>\$116,432.00</b>
<b>Medication management</b>	Allowance for over-the-counter medications	<b>\$3,800.00</b>
<b>Total</b>		<b>\$251,750.00</b>

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Hospital locations within 30-mile radius of Lebanon, Tennessee



Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## References & Data Sources

### Statistical Life Expectancy

The life expectancy of xxxxx, a 66-year-old woman, is calculated as 19 years based on the National Vital Statistics Reports, Vol. 72, No. 12, November 7, 2023, Table 3. Life table for female: United States, 2021

### Physician Charges

The data contained in this report related to physician charges for various medical services and procedures is sourced from Physician Fee Reference (PFR) 2023 and is adjusted based on the geographic multiplier for the specific location/region.

The geographic multiplier for Hayward, California, 94541, is 1.1196

### Hospital Charges

The data contained in this report related to hospital charges is sourced from American Hospital Directory (AHD) or Healthcare Cost and Utilization Project

### Other sources

[www.goodrx.com](http://www.goodrx.com) for medications

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Summary of Itemized Bills:

This section lists the bills that XXXX would expect to receive over the course of his treatment. Each bill details specific procedures and their reasonable value in the patient's area.

### Evaluations

Code with description	Years	Frequency (Per Year)	Data source	Cost Per Visit	Annual Cost	Lifetime Total	Recommending physician
99214: Podiatrist evaluations	19	2	PFR 2023	\$277.00	\$554.00	\$10,526.00	Trivent's in-house physician
99214: Primary Care Physician evaluations	19	2	PFR 2023	\$188.00	\$376.00	\$7,144.00	Trivent's in-house physician
99215: Pain Management evaluations	19	4	PFR 2023	\$277.00	\$1,108.00	\$21,052.00	Trivent's in-house physician
97162: Physical therapy evaluation	19	2	PFR 2023	\$207.00	\$414.00	\$7,866.00	Trivent's in-house physician
<b>Total</b>						<b>\$46,588.00</b>	

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Diagnostic Testing

Code with Description	Years	Frequency (Per Year)	Data Source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
73610: X-rays of Right Ankle	19	1	PFR 2023	\$153.00	\$153.00	\$2,907.00	Trivent's in-house physician
72040: X-rays of Cervical Spine	19	1	PFR 2023	\$170.00	\$170.00	\$3,230.00	Trivent's in-house physician
72100: X-rays of Lumbar Spine	19	1	PFR 2023	\$184.00	\$184.00	\$3,496.00	Trivent's in-house physician
72141: MRI of Cervical Spine	19	0.2	PFR 2023	\$2,385.00	\$477.00	\$9,063.00	Trivent's in-house physician
72148: MRI of Lumbar Spine	19	0.2	PFR 2023	\$2,430.00	\$486.00	\$9,234.00	Trivent's in-house physician
<b>Total Cost</b>						<b>\$27,930.00</b>	

Patient name: XXXXX XXXXX  
 Location: Lebanon, TN 37087  
 Patient age: \_\_

## Therapeutic Modalities

Code with Description	Years	Frequency (Per Year)	Data Source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
97110: Therapeutic exercises	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97112: Neuromuscular re-education	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97014: Electrical stimulation	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97140: Manual therapy	19	12	PFR 2023	\$64.00	\$768.00	\$14,592.00	Trivent's in-house physician
<b>Total Cost</b>						<b>\$57,000.00</b>	

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Future Aggressive Care/Surgical Intervention

Code with Description	Years	Frequency (Per Year)	Data Source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
64483: Lumbar Epidural Steroid Injections	19	2	PFR 2023	\$1,532.00	\$3,064.00	\$58,216.00	Trivent's in-house physician
5442: Facility fee for Level 2 Nerve Injections	19	2	AHD	\$1,532.00	\$3,064.00	\$58,216.00	Trivent's in-house physician
<b>Total Cost</b>						<b>\$116,432.00</b>	

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Medications

Code with Description	Years	Frequency (Per Year)	Data Source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
Allowance for Over-the-Counter Pain Medications *	19	1	goodrx.com	\$200.00	\$200.00	\$3,800.00	Trivent's in-house physician
<b>Total Cost</b>						<b>\$3,800.00</b>	

\*Medication, dosage, and frequency has not been determined, cost reflects online purchase of pain medication for 30-day supply and may include pain killers, NSAID's, opioid drugs, muscle relaxants, and topical analgesics

Patient name: XXXXX XXXXX  
Location: Lebanon, TN 37087  
Patient age: \_\_

## Conclusion

The approximate cost of XXXX's future medical treatment is **\$251,750.00**. The future recommendations, frequency, and duration of care provided are based on the severity of XXXXXX's symptoms inferred from the medical records provided. These are subject to changes depending on XXXX prognosis with conservative treatment, responses to diagnostic and therapeutic interventions, as well as the severity of degenerative changes and associated comorbid conditions. The costs provided are only ballpark estimates for the services and are subject to changes.

I am a board-certified physician (MBBS) with a Diploma in Physical Medicine & Rehabilitation and am a Diplomate of the National Board in Physical Medicine & Rehabilitation. I submit this report on future lifetime care and cost projections for your review and consideration. I reserve the right to amend this report as new information becomes available.

Respectfully,

*Chand Mohammed Ikram Malik, M.B.B.S., DPMR, DNB (PMR)*

Chand Mohammed Ikram Malik, M.B.B.S., DPMR, DNB (PMR)