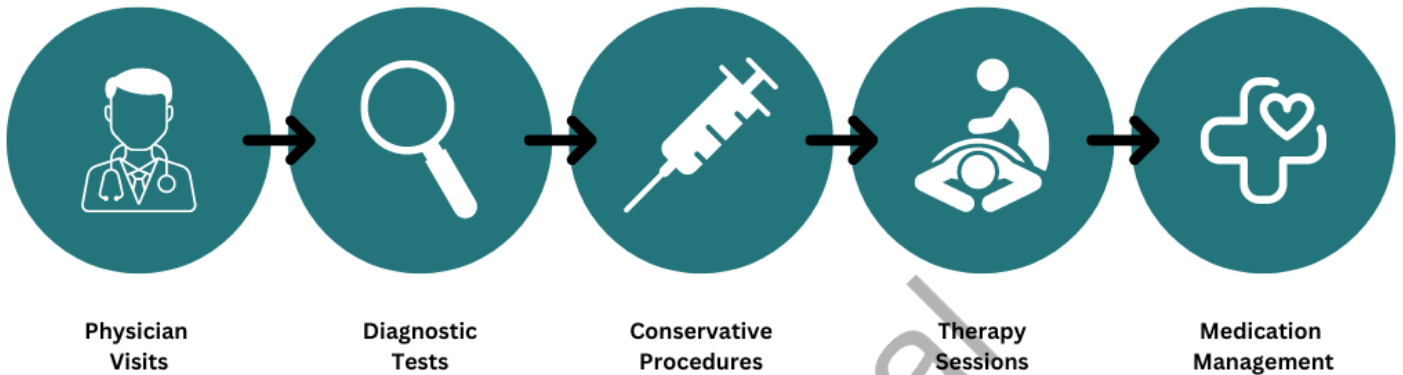


Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Premium Medical Cost Projections



Prepared By

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Physical Medicine & Rehabilitation (Physiatrist)



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-Estimate of Reasonable Value of Future Medical Care-

Patient Name: XXXXXX

Date of Birth: MM/DD/YYYY

Based on treatment recommendations provided by:

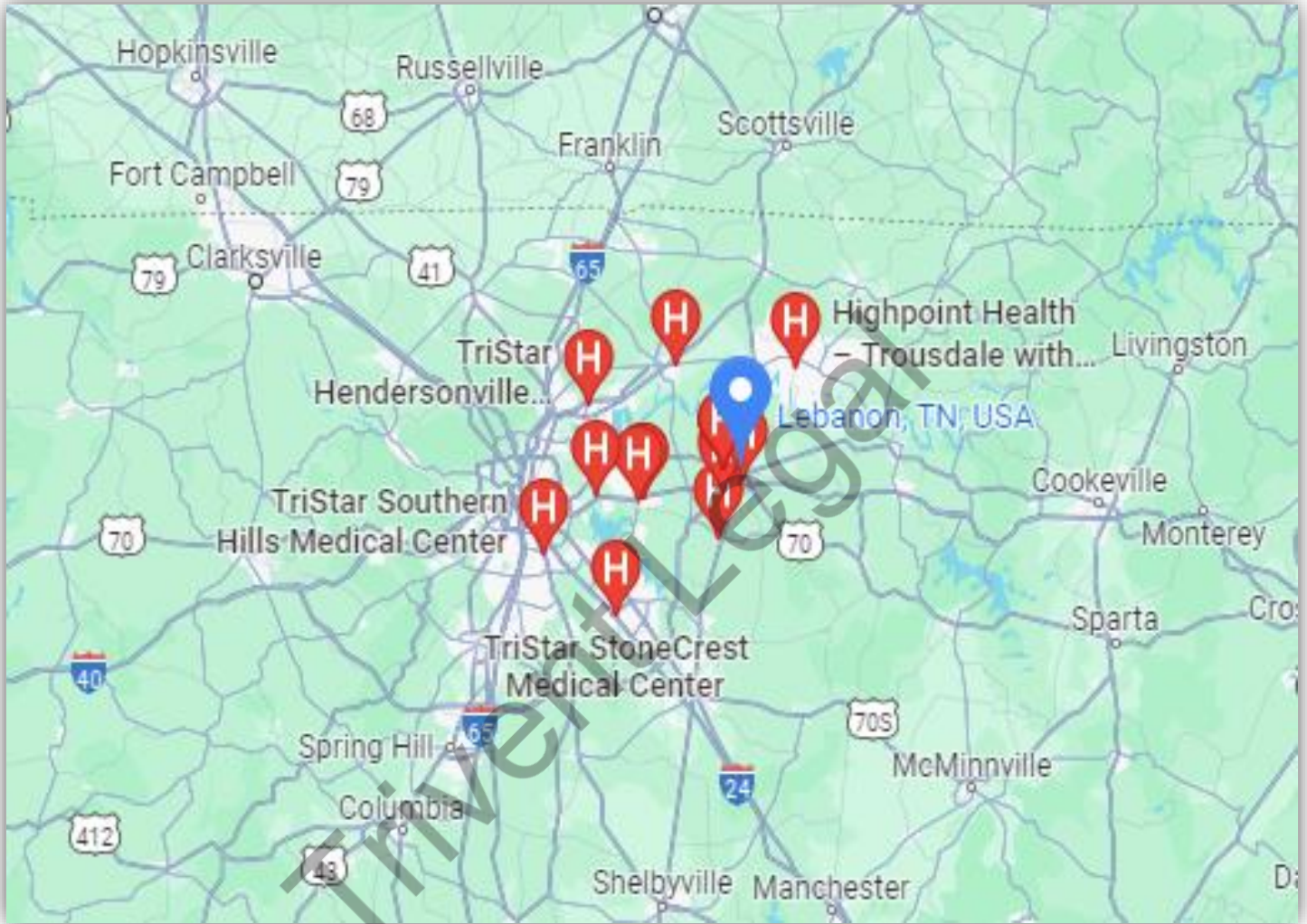
- XXXXXXXXX, M.D.
- XXXXXXXXX, M.D
- XXXXXXXXX, M.D. (Trivent)

Patient name: XXXXX XXXXX
 Location: Lebanon, TN 37087
 Patient age: __

Treatment type	Treatment recommended	Estimated cost
Evaluations/ Follow-ups	Podiatrist follow-ups Primary care physician follow-ups Pain management follow-ups Physical therapy evaluation	\$46,588.00
Diagnostic Tests	X-rays: Cervical spine Lumbar spine Right ankle MRIs: Cervical spine Lumbar spine Right ankle	\$27,930.00
Therapy sessions	Therapeutic exercises Neuromuscular re-education Electrical stimulation Manual therapy	\$57,000.00
Procedures/ Surgeries	Cervical and Lumbar Epidural steroid injections	\$116,432.00
Medications	Allowance for pain medications	\$3,800.00
Total		\$251,750.00

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Hospital locations near Lebanon, Tennessee



Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

References & Data Sources

Statistical Life Expectancy

The life expectancy of xxxxx, a 66-year-old woman, is calculated as 19 years based on the National Vital Statistics Reports, Vol. 72, No. 12, November 7, 2023, Table 3. Life table for female: United States, 2021

Physician Charges

The physician charges for medical services and procedures presented in this report are sourced from the 2023 Physician Fee Reference (PFR) at the 50th percentile. These figures have been adjusted according to the geographic multiplier for the relevant location or region.

The geographic multiplier for El Paso, TX 79904 is 0.9143

Cost per visit = Actual Cost x Geographic Multiplier

Hospital Charges

The data contained in this report related to hospital charges is sourced from American Hospital Directory (AHD) 166 Thierman Lande, Louisville, KY, 40207, <https://www.ahd.com> or Healthcare Cost and Utilization Project (HCUP)

Other sources

- www.data.cms.gov for anesthesia charges
- www.goodrx.com for medications
- www.bls.gov for home care aide charges (50% percentile median charges taken)
- www.amazon.com for equipment

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Summary of Itemized Bills

This section lists the bills that XXXX would expect to receive over the course of her treatment. Each bill details specific procedures and their reasonable value in the patient's area.

Evaluations

Code with description	Years	Frequency (Per Year)	Data source	Cost Per Visit	Annual Cost	Lifetime Total	Recommending physician
99214: Podiatrist follow-ups	19	2	PFR 2023	\$277.00	\$554.00	\$10,526.00	Trivent's in-house physician
99214: Primary Care Physician follow-ups	19	2	PFR 2023	\$188.00	\$376.00	\$7,144.00	Trivent's in-house physician
99215: Pain Management follow-ups	19	4	PFR 2023	\$277.00	\$1,108.00	\$21,052.00	Trivent's in-house physician
97162: Physical therapy evaluation	19	2	PFR 2023	\$207.00	\$414.00	\$7,866.00	Trivent's in-house physician
Total						\$46,588.00	

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Diagnostic Testing

Code with Description	Years	Frequency (Per Year)	Data Source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
73610: X-rays of Right Ankle	19	1	PFR 2023	\$153.00	\$153.00	\$2,907.00	Trivent's in-house physician
72040: X-rays of Cervical Spine	19	1	PFR 2023	\$170.00	\$170.00	\$3,230.00	Trivent's in-house physician
72100: X-rays of Lumbar Spine	19	1	PFR 2023	\$184.00	\$184.00	\$3,496.00	Trivent's in-house physician
72141: MRI of Cervical Spine	19	Once in five years	PFR 2023	\$2,385.00	\$477.00	\$9,063.00	Trivent's in-house physician
72148: MRI of Lumbar Spine	19	Once in five years	PFR 2023	\$2,430.00	\$486.00	\$9,234.00	Trivent's in-house physician
Total Cost						\$27,930.00	

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Therapeutic Modalities

Code with description	Years	Frequency (Per Year)	Data source	Cost Per Visit	Annual Cost	Lifetime Total	Recommending physician
97110: Therapeutic exercises	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97112: Neuromuscular re-education	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97014: Electrical stimulation	19	12	PFR 2023	\$62.00	\$744.00	\$14,136.00	Trivent's in-house physician
97140: Manual therapy	19	12	PFR 2023	\$64.00	\$768.00	\$14,592.00	Trivent's in-house physician
Total Cost						\$57,000.00	

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Future Aggressive Care/Surgical Intervention

Code with description	Years	Frequency (Per Year)	Data source	Cost Per Visit	Annual Cost	Lifetime Total	Recommending physician
64483: Lumbar Epidural Steroid Injections	19	2	PFR 2023	\$1,532.00	\$3,064.00	\$58,216.00	Trivent's in-house physician
5442: Facility fee for Level 2 Nerve Injections	19	2	*AHD	\$1,532.00	\$3,064.00	\$58,216.00	Trivent's in-house physician
Total Cost						\$116,432.00	

*AHD citation: University Medical Center, Lebanon, TN 37087 (Data from 2023)

Geographic Multiplier: 0.9140

Trivent Legal

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Medications

Code with description	Years	Frequency (Per Year)	Data source	Cost Per Item	Annual Cost	Lifetime Total	Recommending physician
Allowance for Over-the-Counter Pain Medications *	19	1	goodrx.com	\$200.00	\$200.00	\$3,800.00	Trivent's in-house physician
Total Cost						\$3,800.00	

*Medication, dosage, and frequency has not been determined, cost reflects online purchase of pain medication for 30-day supply and may include pain killers, NSAID's, opioid drugs, muscle relaxants, and topical analgesics

Patient name: XXXXX XXXXX
Location: Lebanon, TN 37087
Patient age: __

Conclusion

The approximate cost of XXXX's future medical treatment is **\$251,750.00**. The future recommendations, frequency, and duration of care provided are based on the severity of XXXXXX's symptoms inferred from the medical records provided. These are subject to changes depending on XXXX prognosis with conservative treatment, responses to diagnostic and therapeutic interventions, as well as the severity of degenerative changes and associated comorbid conditions. The costs provided are only ballpark estimates for the services and are subject to changes.

I am a licensed, practicing physician with a Diploma in Physical Medicine and Rehabilitation and a Diplomate from the National Board in Physical Medicine & Rehabilitation. I submit this report on future lifetime care and cost projections for your review and consideration. I reserve the right to amend this report as new information becomes available.

Respectfully,

Chand Mohammed Ikram Malik, M.B.B.S., DPMR, DNB (PMR)

Chand Mohammed Ikram Malik, M.B.B.S., DPMR, DNB (PMR)